



**4 in 10 people in Scotland live with at least one long term condition**

**Our vision is for them to have a strong voice and enjoy their right to live well, as equal and active citizens, free from discrimination, with support and services that put them at the centre.**

## About the ALLIANCE

The ALLIANCE is the national third sector intermediary for a range of health and social care organisations. The ALLIANCE has over 1,500 members including a large network of national and local third sector organisations, associates in the statutory and private sectors and individuals. Many NHS Boards and Community Health and Care Partnerships are associate members.

The ALLIANCE has worked closely with members and those they support and represent to develop this manifesto.

There are a set of briefings to accompany this manifesto providing more details on the issues raised.



**ALLIANCE**  
HEALTH AND SOCIAL CARE  
ALLIANCE SCOTLAND  
people at the centre

Health and Social Care Alliance Scotland (the ALLIANCE)

☎ 0141 404 0231

✉ [info@alliance-scotland.org.uk](mailto:info@alliance-scotland.org.uk)

🐦 @ALLIANCEscot

[www.alliance-scotland.org.uk](http://www.alliance-scotland.org.uk)

The ALLIANCE is a company registered by guarantee.  
Registered in Scotland No.307731 Charity number SC037475

## A manifesto for health and social care in Scotland



**ALLIANCE**  
HEALTH AND SOCIAL CARE  
ALLIANCE SCOTLAND  
people at the centre

**2 MILLION  
EXPERT VOICES**

**Strengthening the voice of people who are disabled, living with long term conditions and unpaid carers to build a healthier and fairer future**



## A HEALTHIER SCOTLAND

### SEEK to prevent social isolation and loneliness

- Amend the National Performance Framework to include national indicators specifically to monitor social connectedness and progress in preventing social isolation
- The National Links Worker Programme should be extended to all Deep End Practices in Scotland
- Establish a national strategy to expand community transport infrastructure in Scotland



### BUILD on the existing capacity of the third sector and maximise its influence

- Establish a GP Practice Community Fund to encourage better access to sources of support in the community
- Increase and extend the Integrated Care Fund by 50% over the next five years to accelerate momentum towards prevention
- Fund the third sector to lead annual Health and Social Care Partnership reviews on best practice in commissioned services that keep people well



## THE VOICE OF LIVED EXPERIENCE

### EMPOWER the voice of lived experience to change health and social care

- Build on the established Principles of Inclusive Communications and legislate to put them on a statutory footing
- Extend the principles of the Self-Directed Support Act to health services through an extended partnership pilot project



### SUPPORT the spread of self management of long term conditions

- Invest in innovative approaches to self management through the promotion of the Self Management Fund for the next five years
- Invest in and further develop existing programmes such as Living It Up and ALISS to empower people to manage their own health and wellbeing
- Target investment towards digital participation in areas of Scotland where there are significant health inequalities to maximise the benefits of eHealth"



### DEVELOP co-production activity across Scotland

- Create a co-production strategy or framework for public services across Scotland

## A FAIRER SCOTLAND

### TACKLE the gap between good policy and bad practice

- Establish a review group in partnership with the Scottish Human Rights Commission and the SNAP Action Group on Health and Social Care to examine how statutory bodies are meeting their duties under social work and human rights legislation

### CHAMPION the rights of people who live with long term conditions, disabled people and unpaid carers at the heart of Government

- Create the post of a Scottish Minister for Long Term Conditions, Disability and Unpaid Carers
- Create the post of a Commissioner for Scotland representing people with long term conditions, disabled people and unpaid carers
- Publish a Carers Rights Charter setting out and consolidating existing rights and what statutory bodies need to do to support carers

### DELIVER a new model of social security and employment following the Scotland Bill

- Deliver a new Scottish social security system with compassion and human rights at its core, funding independent advocacy to support people through assessment processes
- Fund a **My Skills, My Strengths, My Right to Work** Development Unit to support individuals and organisations in the new Scottish employability service framework