



The ALLIANCE



The Health and Social Care Academy

What are our 5 ambitions?



Easy Read



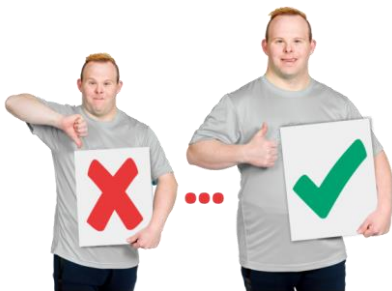
What is this document about?



The ALLIANCE's Health and Social Care Academy (the Academy) works with people who use health and social care services to support better changes across Scotland.



The Academy asked Scottish people and organisations what they would like to see for the future of health and care.



There were some main areas where people wanted change.



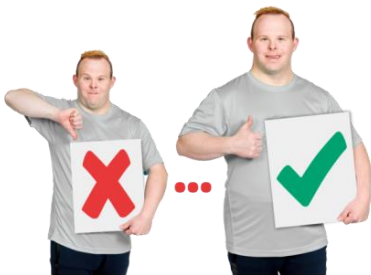
We call these the 5 Ambitions for the Future of Health and Care.

An **ambition** is what we want to see happen.



The ambitions set out a plan for making change happen so it will work well in the future.

The ambitions:



- encourage change to happen
- put people and **wellbeing** at the centre of health and social care



Wellbeing means feeling comfortable, healthy and happy.

- respect **human rights, equality** and **intersectionality**



Human rights are freedoms that are protected in law.

They make sure we are treated fairly and with **dignity** - being treated in a way that is as thoughtful as possible.



Equality means treating everyone fairly.

Intersectionality means looking at how policies and laws affect people and their different identities.



Each Ambition in this document includes an example of where it is working well.

Ambition 1: Be human



We are all human and should be treated with dignity.

Everyone can live a full life if our rights are protected, defended, and **promoted**.

Promoted means telling more people about them.



Reach Advocacy has an education and training programme to promote human rights.



The training:

- is delivered with local councils to make sure people understand human rights



- connects with people with **lived experience** of mental health and difficulties caused by their use of drugs or alcohol

Lived experience means what people know based on the things they have experienced or gone through.

Ambition 2: Lead courageously



Being **courageous** means being brave and willing to do difficult things.

Leaders can support things to change in health and care.

Everyone should be supported to be a leader including people who use services.

The **social enterprise Buurtzorg** has teams of nursing staff who give care to people in their homes.



A **social enterprise** is a business that uses its work to have a positive effect on the local area.

The word **Buurtzorg** is Dutch for 'neighbourhood care'.



Nurses give care based on what patients need and want, and where they want it.

Patients take charge of their own lives.

Ambition 3: Share power



Public bodies must share power with people, communities and voluntary organisations.

This would support people to work better together.



Public bodies are organisations that work for the Government and provide services we all use like schools, hospitals and councils.



Sharing power is demonstrated by the **SNAP** Leadership Panel.

SNAP is Scotland's National Action Plan for Human Rights.



The panel was a **voluntary** partnership. This means that people chose to take part.



The panel was made up of:

- individual people
- organisations that do not work for the government
- public bodies
- national human rights organisations



Panel members worked together as equals.



Their job was to check, make and start Scotland's second National Action Plan for Human Rights.

Ambition 4: Reimagine investment – look at the ways we spend money

We can change society to make it work well for everyone with:



- **sustainable investment** – using money in ways that will work well in the future



- **patience** – keeping calm when things take a long time or do not go as planned



- **partnership** – working together



- and **valuing** one another – seeing that people are important and recognising that they do a good job



The Scottish Government changed **social security** by creating Social Security Scotland.

This was separate from the UK system.

The **social security** system manages claims for benefits and pays money.



Social Security Scotland has a human rights based **Charter**.

A **Charter** is a document that set out the rights and powers of an organisation.

The Charter was made with organisations and people with lived experience.



People are supported to get benefits rather than dealing with a system that make this difficult.

Ambition 5: Measure outcomes



An **outcome** is what we want to see happen.

We should measure success in health and care with outcomes that are right for each person.



Community Links Practitioners (CLPs) support people in their GP practices.



They work with people living in **deprived areas** – places where people have more difficulties in different parts of their life.

For example many of the people who live there do not have:



- enough money
- choices and chances
- **resources** – there might not be as many public services



CLPs support people to achieve the things they want, now and into the future.



This results in them using health and social care services less.



CLPs use a questionnaire to check if the outcomes have happened.

