



## Self Management Awards: Celebrating Self Management Wednesday 4<sup>th</sup> October, Scottish Parliament

<b>5.30pm</b>	<b>Arrivals</b>
6.10pm	<b>Welcome and Introductions</b> <ul style="list-style-type: none"> <li>• Jackie Baillie, MSP</li> </ul>
6.15pm	<b>Minister for Public Health and Sport Address, Aileen Campbell MSP</b>
6.25pm	<b>Ashley Davey – MS Centre Mid Argyll</b>
6.35pm	<b>Paula McGuire</b>
6.45pm	<b>Awards – Presented by Jackie Baillie MSP</b> <ul style="list-style-type: none"> <li>• <b>Self Management Project of the Year</b></li> <li>• <b>The Changemaker</b></li> <li>• <b>Self Management Resource of the Year</b></li> <li>• <b>Self Management Champion of the Year</b></li> <li>• <b>Shazia Akhtar Individual Transformational Story of the Year</b></li> <li>• <b>Integration Partnership of the Year</b></li> </ul>
7.15pm	<b>Closing Remarks</b>
7.20pm	<b>Informal networking and photo opportunities</b>
<b>8.00pm</b>	<b>Close</b>

**Triodos Bank has kindly sponsored this event**

