

Health and Social Care Alliance Scotland

ANNUAL REPORT

2015



Enter



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre

Chair's Foreword

The 'transformational conversations' theme of this year's Annual Report fits with so much of the ALLIANCE's work over the last decade. With the support of our members, we remain at the forefront of proposing, and working towards changes to support and services which aim to foster a more open and collaborative culture, and place significant value on the experiences of people who use them. We know that effectively listening to and acting upon feedback, comments and suggestions is central to achieving the healthier and fairer Scotland that we all wish to see.

The ALLIANCE is leading the way in showcasing how listening to people's experiences can produce improved outcomes. Whether that be through innovative work highlighting how person centred care can be achieved in practice, highlighting preventative approaches to support or pushing for change that seeks to address Scotland's health inequalities – it is all grounded in the value we place on relationships, culture and creating real change.

This year we engaged with our members to debate, discuss and decide on the big issues affecting health and social care. In June, our Citizen Wellbeing Assembly brought together over 250 people to gather insight into what creates wellbeing and how we succeed for people who live in all parts of Scotland. Following on from this we have worked closely with Third Sector Interfaces up and down the country to support people to directly engage with the Scottish Government's Creating a Healthier Scotland initiative – to have their say on what matters to them to shape the health and social care landscape of the future.

Throughout the ALLIANCE's work our members remain our key source of insight and inspiration, providing us with the support to shape national policy, test new ways of working and embed and share



innovative approaches. Over the last year our membership has doubled in size, reaching 1,500 at the time of writing, proving the value of a shared vision for the future and a strong platform from which to make it a reality.

The ALLIANCE continues to play a significant role in driving health and social care into a new context, supporting the design of new models and ways of working, shifting towards approaches that empower and work directly with communities. As I look back proudly on my first year as Chair, I would like to thank my fellow Board members, staff and members of the ALLIANCE for your great support and commitment. I would also encourage you to continue to be part of the conversation as we create our vision of the future.

A handwritten signature in black ink that reads "Nigel Henderson". The signature is written in a cursive, slightly slanted style.

Nigel Henderson
Chair

Chief Executive's Introduction

The ALLIANCE continues to set high standards in our approach to shaping policy, reflecting the views of our members and influencing the future direction of health and social care in Scotland. This year has seen us play an important role in shaping a number of key policy developments, including changes to carers' policy, the implementation of the GIRFEC approach and valuable discussions on the future approach to social isolation and human rights. On the latter, we have raised awareness of the practical use of human rights approaches, including a series of films to demonstrate their value to health and social care support and services.

A key theme of the last year, and shining through the Scottish Government's 'Creating a Healthier Scotland' national conversation, has been changing the models of care which underpin our health and social care landscape. Our contribution to this agenda has included a range of programmes which look at how best innovative ideas can be scaled up including in the field of eHealth, House of Care pilots, pharmacy, the continuing National Links Worker Programme and many others, all of which offer important learning and future opportunities.

Extending our annual £2m Self Management Fund, alongside the burgeoning Self Management Network Scotland, is also offering vast opportunities to share learning, good practice and support people to embed the principles of self management across the country. This becomes even more important as integrated Health and Social Care Partnerships become operational, with local support to the third sector provided through our Third Sector Health and Social Care Support Team and our ALISS project, offering access to data vital to the commissioning process.

We have been particularly delighted with the upsurge in our membership base this year,

with thousands of individuals, organisations and professionals strengthening our collective campaigning voice and providing us with the basis on which to continue to represent the need for radical and transformational change in health and



social care. Above all, the voice of people who use support and services must guide the health and social care of the future. With this in mind we have welcomed developments in relation to the Scottish Government's Our Voice programme which is complemented by our own programmes which seek to ensure people are at the centre including People Powered Health and Wellbeing, Dementia Carer Voices and our Care Opinion pilot.

In part, this is a response to the growing level of participation in campaigning and decision making processes across the country, evidenced by the 500 strong attendance at our inaugural Health and Social Care Academy annual lecture delivered by the First Minister Nicola Sturgeon MSP. Focused on the creation of wellbeing, and responding to a raft of questions from people who use support and services as well as leaders from various sectors, this has set the tone on which our future progress must be considered if we are able to support people to continue to achieve their right to live well.

Ian Welsh
Chief Executive

HEADLINE FIGURES	2015 £	2014 £
Statement of financial activities		
INCOMING RESOURCES		
Grant to support operational costs	4,506,343	3,676,506
Sponsorship	6,075	2,299
Membership events and conference income	37,926	40,770
Grants to redistribute	0	4,000,000
Investment income	37,790	52,681
Other income	343,702	358,025
	<u>4,931,836</u>	<u>8,130,281</u>
RESOURCES EXPENDED		
Costs of generating voluntary income	249,374	217,577
Charitable activities costs	3,211,709	7,280,906
Governance costs	54,511	57,871
Support costs	248,005	263,393
	<u>3,763,599</u>	<u>7,819,747</u>
NET OUTGOING / (INCOMING) RESOURCES	1,168,237	310,534
Balance brought forward	3,241,353	2,930,819
Balance carried forward	<u>4,409,590</u>	<u>3,241,353</u>
Allocated:-		
Unrestricted funds	935,366	605,561
Restricted funds	3,474,224	2,635,792
	<u>4,409,590</u>	<u>3,241,353</u>
BALANCE SHEET		
Tangible fixed assets	12,384	30,020
Current assets	5,556,108	6,327,430
Creditors, falling due in less than one year	(1,158,902)	(2,683,434)
Creditors, falling due in more than one year	0	(432,663)
Net assets	<u>4,409,590</u>	<u>3,241,353</u>
Represented by:-		
Unrestricted funds	935,366	605,561
Restricted funds	3,474,224	2,635,792
	<u>4,409,590</u>	<u>3,241,353</u>

Board Members

as at 1 December 2015)

Nigel Henderson – Chair
Ruth Dorman – Vice Chair
Mark Hoolahan

Alex Johnston
Janice Malone
Mark O'Donnell
Mairi O'Keefe
Irena Paterson

Shona Sinclair
Elaine Steven
Kate Storrow
Douglas Taylor
Nicky Thomson

Highlights of 2015



Policy and Communications

First Minister Nicola Sturgeon MSP and Ian Welsh discuss the ALLIANCE's manifesto for health and social care in Scotland.



The ALLIANCE joined the Scottish Human Rights Commission, NHS Health Scotland and others to launch a series of films highlighting human rights in action.



100 people joined us in Dundee to launch the Scottish Government's national conversation on Creating a Healthier Scotland.



Transforming Care After Treatment

The Transforming Care After Treatment programme continues to build a strong voice in the design and development of services for people who have experienced cancer. The TCAT Cancer Experience Panel is working hard to make sure their experience as experts in their own care is understood by all involved to be central to how the TCAT programme moves forward, as this recent newsletter shows.

Membership

The ALLIANCE achieved the Volunteer Friendly Award this year.



eHealth

The ALLIANCE worked with the Scottish Government and others to bring the input of people and the voice of lived experience to national eHealth developments.

Getting It Right For Every Child (GIRFEC)

The Getting to Know GIRFEC project has developed a series of Getting to Know GIRFEC video clips which, in BSL format, the aim of these videos is to inform children and young people as well as their parents and carers about GIRFEC and empower them to participate on an equal footing in decisions around their child.



Aileen Campbell, MSP, Minister for Children and People in Scotland helped us celebrate the launch of the videos on Wednesday 4th November at the CCA in Glasgow.



Care Opinion

282 adult social care stories shared on Care Opinion by people accessing services across Ayrshire and Fife. Pilot successfully extended until March 2016.



People Powered Health and Wellbeing

Change the conversation – and feel the difference.



Transformational Conversations

Employability

The My Skills, My Strengths, My Right to Work campaign was launched in March, offering examples of good practice supporting the work of the Early Interventions Project and the Fair Work Convention.

In September the project consulted with members as well as supporting their events in hosting a public conversation in shaping the future of employability services in Scotland.



ALISS (A Local Information System for Scotland)



National Link Worker Programme - Mitigating the impacts of the social determinants of health



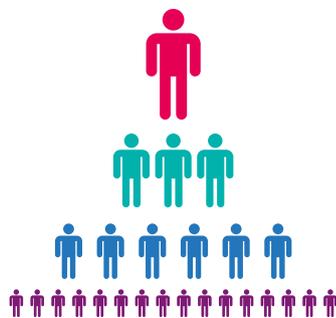
GP Practices



Each practice within Scotland's 50 most socio-economic deprived areas



Months into programme delivery



1,863

Individuals referred to CLPs (of all ages)



1,248

People worked with so far - overcoming an unlimited range of challenges



1 - 40+

Number of times someone can see a CLP



Relationships built with 1000s of different community resources

Highlights of 2015



Prescription for Excellence

We spoke to 180 pharmacists about what the ALLIANCE would bring to the Scottish Government's Prescription for Excellence programme.



We visited the Kyle Shopping Centre in Ayr to ask people about how they use pharmacy services.

Creating the Connections

The 'Creating the Connections' programme, exploring the relationship between Self-Directed Support (SDS) and health, culminated this year in the production of the think piece "Piecing Together Person Centred Support". This brings together research and case studies demonstrating the potential opportunities of creating an integrated SDS model which would allow people who live with long-term conditions to be in control of their health and social care support in order to lead independent lives.



Self Management Fund

Round 4 of the Self Management Impact Fund began in April 2015 for 1 year projects.



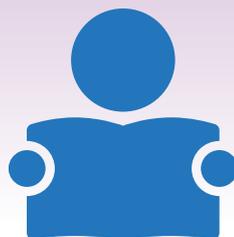
The Change Fund: Enhancing the Role of the Third Sector Programme

sought to support and enable the sector's contribution to reshaping care for older people (RCOP). 2015 saw the end of the Programme. Over its three years the programme has:



Engaged with

1,100+
Individuals



Produced

28 and **157**
Newsletters Other Resources



Facilitated

111+
Events

Transformational Conversations

Dementia Carer Voices

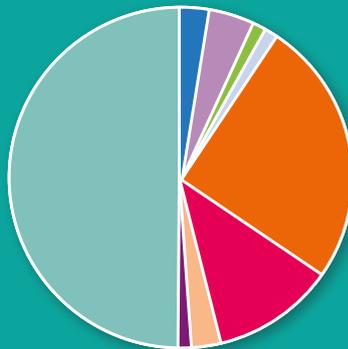
West Lothian College Pledge Tree

We've received 7,500 pledges to date from health and social care professionals who have engaged in our 'You Can Make a Difference' campaign. We aim to ensure that carers have their voices heard, their rights and caring role are recognised by those who play a part in the journey and that real life experience influences health and social care policy, culture and practice.



Self Management Scotland Membership Type December 2015

17 Academic	10 Volunteer
5 Government Worker	5 Carer
46 Living with one or more long term conditions	100 Health Professional
5 Social Care Worker	11 Local Authority Worker
	198 Third Sector Worker



EUPATI-European Patient Academy on Therapeutic Innovation



Cohort 1 and 2 EUPATI trainees came together to discuss the EUPATI training course to date, including lessons to be learnt, development of the network ideas and looking to the next EUPATI UK event.

Impact

At the end of the programme the percentage of stakeholders reporting that the programme had contributed to its outcomes were as follows:



About the ALLIANCE

The ALLIANCE's vision is for a Scotland where people of all ages who are disabled or living with long term conditions, and unpaid carers, have a strong voice and enjoy their right to live well, as equal and active citizens, free from discrimination, with support and services that put them at the centre.

The Health and Social Care Alliance Scotland (the ALLIANCE) is the national third sector intermediary for a range of health and social care organisations. It brings together over 1,500 members, including a large network of national and local third sector organisations, associates in the statutory and private sectors and individuals.

The ALLIANCE has three core aims; we seek to:

- Ensure people are at the centre, that their voices, expertise and rights drive policy and sit at the heart of design, delivery and improvement of support and services.
- Support transformational change, towards approaches that work with individual and community assets, helping people to stay well, supporting human rights, self management, co-production and independent living.
- Champion and support the third sector as a vital strategic and delivery partner and foster better cross-sector understanding and partnership.



Previous

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