

Health and Social Care Alliance Scotland

ANNUAL REPORT

2016



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre



10 YEARS

Welcome from the Chair and Chief Executive

The milestone of the ALLIANCE's tenth anniversary presents us with an opportunity to reflect on the significant progress made since 2006. Not only have we led on the production of a self management strategy for Scotland,



our members and partners have driven its implementation around the country. The ALLIANCE has also played a leading role in partnership with members in working towards the Scottish Government's 2020 vision for health and social care and has supported the growing engagement of people and communities in designing and delivering support which is truly person centred.

The ALLIANCE continues to drive innovation in health and social care, showing practical examples of how to design and deliver new ways of working which shift the focus onto the rights and empowerment of people who access support and services. Looking to the future, this means a greater focus on community based approaches like the National Links Worker Programme, House of Care and Prescription for Excellence, developing alongside national policy agendas such as Realistic Medicine.

Looking back on my first year as Chair, I would like to thank my fellow Board members, staff and members of the ALLIANCE for their support and commitment.

Here's to another decade of progress.

Ruth Dorman
Chair

In the ten years since the ALLIANCE's journey began, the health and social care landscape, and policy context affecting the lives of people living with long term conditions, disabled people and unpaid carers in Scotland has changed considerably.



That said, the core aims of putting people at the centre, supporting transformational change and championing the third sector – which have guided our work with our growing membership base and range of partners over the last decade – remain as relevant today as ever.

Back in those early days, we worked extensively with our members to make the case for integrated health and social care services in order to address the often disjointed nature of people's journey through both systems. Now, as we move beyond the era of legislation to implementation, integration offers real potential for new models of care to meet communities' needs.

It is also fair to say that there is a growing recognition of the need for transformative change in health and social care, with the Cabinet Secretary herself noting that "maintaining the status quo is not an option."

Within this context, it is fundamental that the expertise of our sector and the voices and rights of those we represent continue to drive policy and sit at the heart of design, delivery and improvement of support and services.

With that in mind, I'd like to thank ALLIANCE members, board members and staff who have played a part in our journey over the last ten years, and look forward to working with you to progress towards our shared ambition for the future.

Ian Welsh OBE
Chief Executive

The Power of 10 - Top Ten Achievements



- 1.** Formed in 2006 to strengthen the voice of people living with long term conditions, advocate for self management and champion the third sector. Now a network of over 1,800 individuals and organisations to help shape national and international health and social care practice and policy.
- 2.** Co-created 'GauN Yersel', the Self Management Strategy for Scotland and established the Scottish Government financed Self Management Fund. 244 projects supported and £12 million invested to date.
- 3.** Shaped the legislation and guidance that underpins health and social care integration by working closely with members, the Scottish Government and MSPs from different parties.
- 4.** Developing ALISS (A Local Information System for Scotland) to make it easier for people across Scotland to find and share local resources that support health and wellbeing.
- 5.** Developing the National Links Workers programme to support people living in deprived areas of Scotland to live well and strengthen connections between community resources and primary care.
- 6.** Reached over 1,600 people at 35 events in 5 months to enable citizen engagement in the Scottish Government's national conversation on 'Creating a Healthier Scotland'.
- 7.** Developing connections between primary care and support in the communities and championing Scotland's House of Care to help people decide their own priorities for care, treatment and support.
- 8.** Gathered over 10,000 pledges to 'Make a Difference' in the lives of people living with dementia and their carers.
- 9.** Managing the ground-breaking 'Our GP' co-design project, partnering with people accessing services and clinical staff to develop their ideas for online GP services.
- 10.** Championing co-production and human rights based approaches, Scotland's National Action Plan for Human Rights and co-convening its Health and Social Care Action Group.

Review of the Year from ALLIANCE programmes

ALISS

ALISS continues to help people find and share health and wellbeing resources. We've shared lots of learning and exciting changes lie ahead!



diabetes
hypertension dementia
clubs at night in arbroath adaptations for owner occupiers
takeaway creative reading scottish health council
tai chi events falls pharmacies db12run
housing options scotland cycling walking befending
sport centre copd group computer older people
kirriecoconnections exercise heart condition alcohol mental health

heart disease
tea dance falls tai chi yoga give back addiction
cycling alzheimers flu sport telecare
health mental health mens shed card making
asthma group music care and repair

COPD, breathing problems
scottish health council (orkney)
heart condition

 @alissprogramme



Dementia Carer Voices

Our 'You Can Make a Difference' campaign gathered over 10,000 pledges, further promoting the carers' voice and a rights-based approach to dementia care.

 @DementiaCarerVo



Digital Health and Care

 @DHCScot



Our team have been working with the Digital Health and Care Institute to support our members innovate and develop new digital health and care services.



Here is a review of the year in Tweet form. To find out more about each area of work, click on the header link on the online report.



European Patients' Academy (EUPATI)

Sharing the learning using the EUPATI

More info can be found at

uk.eupati.eu [@eupatients](https://twitter.com/eupatients)



House of Care



Scotland's House of Care adopter sites work to make care and support planning conversations routine for people living with one or more long term condition.



[@HoCScot](https://twitter.com/HoCScot)



Health and Social Care Academy



Using the Five Provocations to inspire transformation of health and social care in Scotland.

[@HandSCAcademy](https://twitter.com/HandSCAcademy)

Getting to know GIRFEC (Getting it Right for Every Child)



The GIRFEC project has held over 20 training events in Scotland this year and has developed new & free resources in line with policy updates.

[@girfec](https://twitter.com/girfec)

The ALLIANCE Involvement Network



Our involvement network have been involved in opportunities with the ALLIANCE and partners throughout the year to support our work and ensure the voice of lived experience is heard.



[@ALLIANCE_INet](https://twitter.com/ALLIANCE_INet)

Membership

The ALLIANCE membership continues to grow, bringing together a wide range of people and organisations to ensure the voice of lived experience is heard.



My Skills, My Strengths, My Right to Work

Engaged with members, stakeholders and employers; to influence policy, shape support services and improve employers' attitudes towards employing disabled people and people living with long term conditions in Scotland.



My Condition, My Terms, My Life



Living better with self management

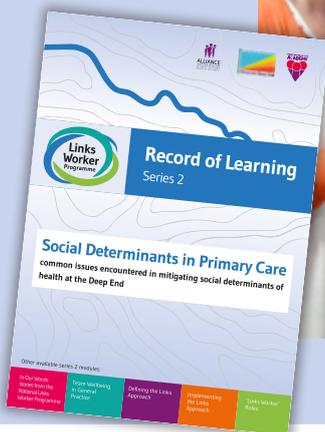
Increased understanding of self management, empowering people and professionals to adopt self management principles in their practice and personal lives, putting people living with long term conditions in the driving seat.



National Links Worker Programme

Person to GP: "Who is the guy you see here that helps you turn your life around?"

GP: "That'll be one of our Community Links Practitioners from the National Links Worker Programme."



 @LWpmakeslinks

Our GP

Designing GP Digital Services, Together

Our GP

The team manage the 'Our GP' project which will co-design future GP digital services with people, based on their needs.

 @DHCScot



Neurological Programme

Ensuring the voice of lived experience and third sector is key to delivering person centred neurological services that are fit for purpose across health and social care.

 @ANP_Scotland



Partnership and Practice Programme

The Self Management Network Scotland has created connections in partnership with our 450 members to learn and share best practice across the country.

@SelfMgmtScot

Self Management Network Scotland

Working together to support self management in Scotland

smns.alliance-scotland.org.uk



People Powered Health and Wellbeing
Co-production in Health and Social Care

ALLIANCE FOR HEALTH AND SOCIAL CARE

Developing a Scottish Co-production Strategy for Health and Social Care

September 2016

People Powered Health and Wellbeing

Promoting people with lived experience at the heart of service design and delivery; demonstrating the social and economic case; gathering the evidence.

@pphwscot

@ALLIANCEscot

Policy and Communications

Strengthening the 2 million expert voices of people in Scotland who are disabled, live with long term condition or unpaid carers.

2 MILLION EXPERT VOICES



Self-directed Support



As health and social care integration progresses, we have worked to promote new approaches to improving people's outcomes through the self-directed support agenda.



Prescription for Excellence



Acted as a conduit for the voices of people with lived experience of pharmacy services, promoted a personal outcomes approach to pharmacists.



Self Management Fund



We collaboratively and successfully reviewed, reframed and relaunched our Fund; aiming to Transform Self Management in Scotland; supporting 39 new projects initially.



Sensory Impairment Strategy Project



The network of Sensory Impairment Partnership Leads has been successfully re-established to implement national and local priorities for sensory impairment across Scotland.



Third Sector Health and Social Care Support Team

Third Sector



Health and Social Care Integration is a complex, wide-ranging and ever-evolving issue, and we have been gathering and sharing information on it as it progresses.

@3rdsecHSC



Transforming Care After Treatment

Transforming Care After Treatment is increasing the voice of lived experience in cancer services through improving understanding and creating effective partnerships.



Accounts

Health and Social Care Alliance Scotland (the ALLIANCE)

For the year ended 30 June 2016

HEADLINE FIGURES	2016	2015
	£	£
Statement of financial activities		
INCOMING RESOURCES		
Grant to support operational costs	3,228,167	4,506,343
Sponsorship	25,346	6,075
Membership events and conference income	47,418	37,926
Grants to redistribute	6,000,000	0
Investment income	40,496	37,790
Other income	308,880	343,702
	<u>9,650,307</u>	<u>4,931,836</u>
RESOURCES EXPENDED		
Costs of generating voluntary income	227,734	249,374
Charitable activities costs	7,255,856	3,211,709
Governance costs	60,256	54,511
Support costs	185,887	248,005
	<u>7,729,733</u>	<u>3,763,599</u>
NET OUTGOING / (INCOMING) RESOURCES	1,920,574	1,168,237
Balance brought forward	4,409,590	3,241,353
Balance carried forward	<u>6,330,164</u>	<u>4,409,590</u>
Allocated:-		
Unrestricted funds	1,235,609	935,366
Restricted funds	5,094,555	3,474,224
	<u>6,330,164</u>	<u>4,409,590</u>
BALANCE SHEET		
Tangible fixed assets	0	12,384
Current assets	10,214,205	5,556,108
Creditors, falling due in less than one year	(3,884,041)	(1,158,902)
Creditors, falling due in more than one year	0	0
Net assets	<u>6,330,164</u>	<u>4,409,590</u>
Represented by:-		
Unrestricted funds	1,235,609	935,366
Restricted funds	5,094,555	3,474,224
	<u>6,330,164</u>	<u>4,409,590</u>

Board Members

as at 5 December 2016

- (Chair) Ruth Dorman
[Deafblind Scotland](#)
- (Vice Chair) Mairi O'Keefe
[Leuchie House](#)
- Shona Sinclair
[SKSScotland CIC](#)
- Irena Paterson
[Moray Disability Forum](#)
- Kate Storrow
[Royal National Institute for Blind People \(RNIB\)](#)
- (Treasurer) Alexander Johnston
- Nicky Thomson
[Good Morning Service](#)
- Douglas Taylor
[Drumchapel L.I.F.E Limited](#)
- Mark Hoolahan
[Thistle Foundation](#)
- Mark O'Donnell
[Chest Heart & Stroke Scotland](#)
- Shaben Begum
[Scottish Independent Advocacy Alliance](#)
- Morna Simpkins
[MS Society](#)
- Janice Malone
[Macmillan Cancer Support](#)
- Gerard Gahagan
[Quarriers](#)

About the ALLIANCE

The Health and Social Care Alliance Scotland (the ALLIANCE) is the national third sector intermediary for a range of health and social care organisations. It brings together over 1,800 members, including a large network of national and local third sector organisations, associates in the statutory and private sectors and individuals.

The ALLIANCE's vision is for a Scotland where people of all ages who are disabled or living with long term conditions, and unpaid carers, have a strong voice and enjoy their right to live well, as equal and active citizens, free from discrimination, with support and services that put them at the centre.

The ALLIANCE has three core aims; we seek to:

- Ensure people are at the centre, that their voices, expertise and rights drive policy and sit at the heart of design, delivery and improvement of support and services.
- Support transformational change, towards approaches that work with individual and community assets, helping people to stay well, supporting human rights, self management, co-production and independent living.
- Champion and support the third sector as a vital strategic and delivery partner and foster better cross-sector understanding and partnership.

