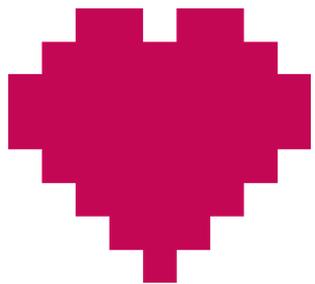


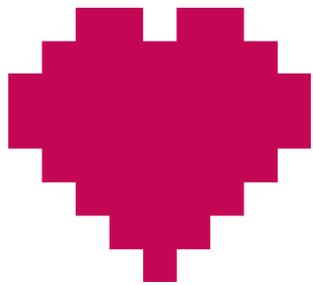
discover digital

for your health and wellbeing

Imagine living better and healthier
with the help of technology.
Come along to discover how.



-
- **24 October 2018**
-
- **Exhibitors list**
- Glasgow Science Centre, 10am - 5pm
- Drop in
-



Partners area



THE ALLIANCE

Feedback Hub

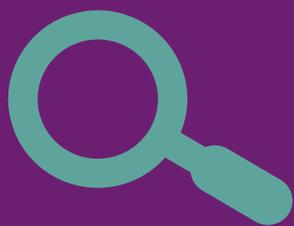
Come talk to our volunteers to let us know what you think about #DiscoverDigitalScot and to enter our prize draw.

NHS 24

Corporate Stand

Come along and discover some innovative services which make looking after your health easier by putting you in the driving seat of your own healthcare.

NHS NSS



Transforming patient care, with digital.

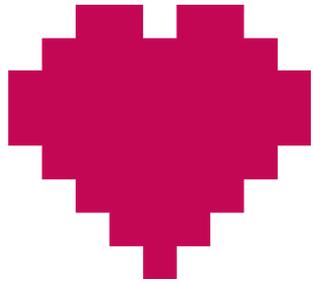
Discover the work that NHS National Service Scotland are doing to contribute to the wellbeing of patients using digital technology.

BCS Health and Care Scotland

Information Stand

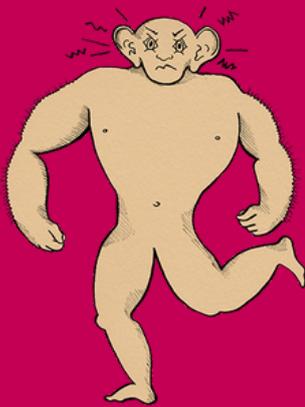
Find out more about the charitable aim of our organisation: making IT Good for Society.





Home

Cyrenians SCCR



Mixology and Meet your Emotional Homunculus.

Ever get the feeling that your body has a mind of its own?

Join us to find about our latest digital development and take part in creating your very own colour changing 'Cranial Cocktail' mocktail. The activity provides an exciting and interactive opportunity to explore mental health and wellbeing, conflict, family and relationships; combining the science of brain chemistry, evolution and a creative approach to understanding human interactions.

NHS 24

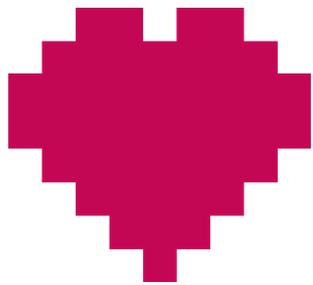
Attend Anywhere

This web-based platform helps health staff offer you video call consultations. Apart from internet access, all you'd need to use it is a webcam, the Google Chrome web browser (PC or Android) or an app on Apple products.

cCBT

This self-help interactive computer programme guides the user through the principles of Cognitive Behavioural Therapy over a course of 6-10 weeks. Did you know that since last year, cCBT became available across Scotland?





Home

NHS 24



Home and Mobile Health Monitoring (HMHM)

HMHM is the use of technology to help patients outside of hospital to receive, record and send information about their current health and wellbeing. It is used to support self management decisions by the patient and diagnosis, treatment and care decisions by professionals.

NHS Inform

NHS inform is Scotland's online health and care information service. At this session, we will give you a tour of the current website and all its components, while also asking you for some quick feedback!

Roar



VR over the doorstep

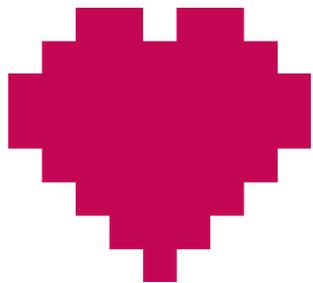
Come along and learn more about how Virtual Reality might be used to bring local events to those with limited mobility.

You'll have the chance to try a VR experience of Paisley's Coats Observatory featuring Roar: Connections for Life members.

SFRS

Fire Safety demonstration

Scottish Fire Rescue Services will be on hand to discuss common home fire safety issues and showcase what technologies are available to you to reduce the risk.



Community

Alzheimer Scotland



The Digital High Street

Experience virtual reality, hear about our digital high street and digital dementia resources centres, and find out how we are working with dogs and technology to create smart home solutions that can be supported by either an assistance dog, or your family pet.

You'll get the chance to meet one of our dementia befriending dogs, Skye, who is a true digital dog.

Glasgow Centre for Population Health

Higher or Lower

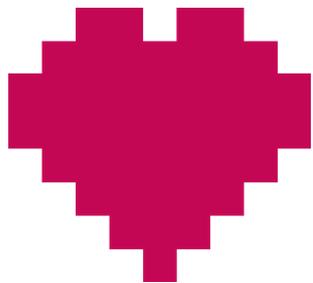
We're bringing our new 'Higher or Lower' game, which uses statistics from Understanding Glasgow (our data website) to investigate how neighbourhoods across the city compare - and how well we actually know our own neighbourhood.

National Theatre of Scotland



'The Reason I Jump' Digital App

Join us to experience our digital app, part of our recent production inspired by a book by Naoki Higashida: a non-verbal, autistic, Japanese author, who was just 13 years old when he wrote a one-of-a-kind memoir that demonstrates how an autistic mind works. The app which contains extracts from our theatre performance as well as input from the local community.



Medical



DHI

Demo Dani

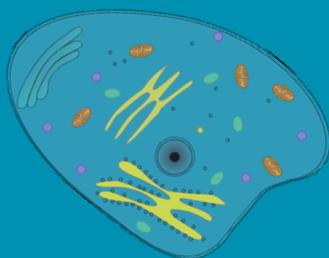
See the latest digital health and care projects with the Digital Health and Care Institute's interactive stand of four pieces of technology: SCOTCAP, Mole test, Smart cough and Atrial Fibrillation.

NHS Highland

MRI Scan VR experience

Join two doctors from NHS Highland as they demonstrate how virtual reality can be used to allow children to understand what is involved in getting an MRI scan and prepare better for the experience.

Pocket Sized Hands



Dish Life

We are proud to present for the first time this collaboration between Pocket Sized Hands and Cambridge University. Join us to play an early demo of this mobile game that teaches players about stem cell research and the lives of stem cell scientists

Google Digital Garage Bus

Harness the power of the web and improve your digital presence with the following free training sessions:

10:30am-12pm Stay safe online

1pm-2:30pm First steps online

3:30pm-4:30pm Answer Questions with Data