

WHAT is the RIGHTs Blether Map?

The new Scottish Government Health and Social Care Standards have 5 principles: dignity and respect, compassion, be included, responsive care and support and wellbeing.

The map is a visual resource which uses a variety of different landmarks to name and illustrate the principles of the National Care Standards; and to support the telling of stories to bring these principles to life.

For a detailed description of using the map visit: www.alliance-scotland.org.uk or <http://myhomelife.uws.ac.uk/scotland/resources/>

WHY have a map?

The map has been developed with the aim of being a user-friendly resource with language that is accessible and that captures people's attention. When setting out on a journey, a map can be a useful guide in starting off- the RIGHTs Blether map is similar in that it can be used as a starting point when exploring what the national care standards look like in practice.

WHO might use the map?

Anyone for whom the Health and Social Care Standards are relevant. These may include but not be limited to: health and social care staff, people who use health and social care services and their family and friends, professionals who work alongside health and social care services including regulators and local authority staff.

HOW and WHERE might we use the map?

At its heart this map is about sharing stories and conversation about people's experiences, hopes and desired outcomes.

It could be used as a way of planning for the future, exploring the present or reflecting on the past.

Some Examples:

When developing a care plan with a person who uses health and social care service, the person could be asked what parts of the map are most important to them, and how would they like to be supported to get there.

In a supervision meeting, a manager may invite a staff member to reflect on their practice, think about the areas of the map where they have strengths and areas they might like to develop further.

When meeting with a family member of a person who uses a health and social care service, staff may use the map to explore with them what is important to them and how they can work together towards their hopes being realised.