Health and Social Care Alliance Scotland (the ALLIANCE)

Self Management Fund:

Resilience, Recovery and Development Round Three

About the Self Management Fund

The Health and Social Care Alliance Scotland (the ALLIANCE) administers the Self Management Fund on behalf of the Scottish Government to third sector and community-based organisations across Scotland to develop self management activities. Since 2009, The ALLIANCE has granted over £24 million and has funded 398 projects across Scotland.

The Self Management Fund was created by the Scottish Government in response to recommendations made in the Gaun Yersel: the Self Management Strategy for Scotland. It was set up to support development of co-produced, person centred, self management activity across Scotland. Learning from the experience of disabled people, individuals living with long term conditions and unpaid carers, is central to the purpose of the Fund.

This round of the Fund will make available £2 million to self management projects in Scotland.

ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre

Closing date for applications: 9.00am 22 May 2023

Projects to begin: 1 October 2023

Criteria

This third round of the Self Management Fund: Resilience, Recovery and Development will continue to support projects that:

- Build on the resilience demonstrated by the third sector since 2020

- Contribute to the recovery of health and social care services in the wake of the pandemic

- Create opportunities to develop responsive services for the future.

Following the establishment of the Scottish Government Health and Care Portfolio Board, and our programme of supporting adaptations to Self Management Fund projects throughout periods of lockdown and beyond, we have identified the following priorities for investment in the March 2023 round of the Self Management Fund.

Projects which:

- Provide support for disabled people and people living with long term conditions and/or unpaid carers who experience disrupted care

- Address the wider determinants of health so that individuals are supported to live their lives better on their own terms, progress to employment, create and develop sustainable communities, and take a leadership role in preventing ill-health. (Please see the Marmot principles)

Funding applicants must demonstrate that their project will address at least one of the two priorities above and meet the following five core criteria of the Self Management Fund:

- The project is a new or a development of an existing idea.

- The idea has come from the people it is designed to benefit.

- Disabled people, individuals living with long term conditions and/or unpaid carers will be enabled to take a leadership role in the design, delivery and evaluation of the project.

- The capacity of disabled people, individuals living with long term conditions and/or unpaid carers to effectively self manage will be enhanced .

- The principles of self management identified in Gaun Yersel: the Self Management Strategy for Scotland are at the heart of the project.

Grant available

Up to £15,000 for up to a year	Up to £120,000 for up to three years

Who can apply?

- Lead applicants and grant holders must be a third sector or community organisation.

- Partnership bids are encouraged but lead applicants and activity must take place within the third sector.

- You do not have to be a member of the ALLIANCE to apply for a grant from the Self Management Fund.

- If you have held a grant from the Self Management Fund before, you can apply again.

Exclusions

- Public sector organisations, such as the NHS or local authorities, are welcomed as project partners but cannot hold the grant or benefit financially.

- We are unable to support the purchase of larger capital items such as buildings, vehicles, refurbishment and equipment.

- The Self Management Fund is not able to support projects which are solely for the running costs of an organisation or existing project, unless the application is for a development to that project.

- Organisations may only hold one grant from the Self Management Fund at a time, but you can submit more than one application.

How to apply

To apply for a grant from the Self Management Fund, you are required to submit:

1 **Completed application form.**

2 **Two supporting statements from individuals who are not involved in your organisation but who know about the proposed project and can provide support for your application.**

3 **Accounts and governance documents:**

- Established organisations (running for two or more years)

    ○ A copy of your governing document

    ○ Last two sets of annual accounts.

- New organisations (running for less than two years)

    ○ A copy of your governing document

    ○ Most recent bank statements (three months if possible)

    ○ Budget plans or management accounts.

Please note: Following submission of all required documentation, an eligibility screening process will take place after the closing date to assess whether the application meets all the core and at least one of the additional criteria. Eligible applications will progress to a full assessment, whereas those not meeting the criteria will not progress further. Applicants will be notified of the outcome of the eligibility screening process.

Help and support

The ALLIANCE is keen to support you to submit the best application you can by the closing date. Please get in touch to discuss your project idea and the application process.

Support can be tailored to your needs. Examples of support we have provided in the past include:

- Discussing your project idea and if it meets the Self Management Fund criteria.

- Reading and commenting on draft applications.

- Answering questions about the Self Management Fund and the application process.

Various Q and A sessions will be held for prospective applicants who are interested in applying to the Self Management Fund. The workshops will take place at the following times:

Tuesday 11 April 2023 14:00-15:30	Friday 28 April 2023 10:00-11:30	Wednesday 3 May 2023 10:00-11:30

There will be a presentation about the Self Management Fund, application process, criteria and exclusions. You will then be able to ask the Fund Manager any questions you have about the Self Management Fund.

Please contact fund@alliance-scotland.org.uk if you are interested in attending, with the following information:

- Which session you would like to attend

- Your name and email address

- The name of your organisation

- Your accessibility needs

On receipt, we will issue the login details to join the Zoom call.

If you require information in another format or if you require to submit the application in a different format than provided, contact us so we can arrange this for you.

Contact

If you would like support from our team, contact:

fund@alliance-scotland.org.uk	**0141 404 0231**

Closing date

ALLIANCE HEALTH AND SOCIAL CARE ALLIANCE SCOTLAND people at the centre	**Applications must be submitted before 9.00am 22 May 2023**
	Please submit completed applications to **fund@alliance-scotland.org.uk**
	Projects to begin: 1 October 2023

Application form

This is the application form for the Self Management Fund, administered by the Health and Social Care Alliance Scotland (the ALLIANCE) on behalf of the Scottish Government.

Please note: Although projects that do not meet all the core and at least one of the additional funding criteria will be notified after the eligibility screening process, written feedback will only be provided after the grant allocation process has ended.

Part one – Your organisation

Organisation name (full title)	
Address	
Telephone number	
Address for correspondence (If different from above)	
Legal status of organisation (Please supply registered charity number if applicable)	

Main contact

The ALLIANCE may contact the main contact supplied to discuss your application as part of the assessment process. This should be someone who has a good knowledge of the proposed project and budget. Please ensure contact details are correct.

Name	
Position or role	
Email address	
Alternative contact details (If applicable)	

Part two – Project details

Project title or name	
Number of disabled people or individuals with long term conditions and/or unpaid carers you expect to benefit from this funding. Please note, the ALLIANCE requires you to report, throughout the funding period, the number of people supported. It is further recommended to include longitudinal wellbeing scores of individuals when reporting on the benefits of the project. (This will be further discussed with projects in receipt of funding.)	
Long term condition(s)/ disabilities the people you expect to benefit live with (if supporting unpaid carers, please state 'unpaid carers')	
Type and amount of grant requested (Small grant up to £15,000, up to one year) (Large grant up to £120,000 up to three years)	
Duration of project	

Brief description of project (100 words or less)	

Project theme (additional criteria) (Select all that apply)

☐ Support for disrupted care   ☐ Wider determinants of health

Will this project involve partnership working with other organisations? (If yes, list organisation names and the work involved)	
Will any volunteers be involved in this project? (If yes, how many?)	

What area/s of Scotland will your project cover? (Select all that apply)

- ☐ Scotland-wide
- ☐ Aberdeen City
- ☐ Aberdeenshire
- ☐ Angus
- ☐ Argyll and Bute
- ☐ Clackmannanshire
- ☐ Dumfries and Galloway
- ☐ Dundee City
- ☐ East Ayrshire
- ☐ East Dunbartonshire
- ☐ East Lothian
- ☐ East Renfrewshire
- ☐ Edinburgh City
- ☐ Falkirk
- ☐ Fife
- ☐ Glasgow City
- ☐ Highland

- ☐ Inverclyde
- ☐ Midlothian
- ☐ Moray
- ☐ North Ayrshire
- ☐ North Lanarkshire
- ☐ Orkney Islands
- ☐ Perth and Kinross
- ☐ Renfrewshire
- ☐ Scottish Borders
- ☐ Shetland Islands
- ☐ South Ayrshire
- ☐ South Lanarkshire
- ☐ Stirling
- ☐ West Dunbartonshire
- ☐ Western Isles
- ☐ West Lothian

Considering the Equality Measurement Framework, which type of inequality will the project target?

Please only select any protected characteristic/s where your project will specifically be seeking to address issues of equality and/or inclusion.

- ☐ Age
- ☐ Disability
- ☐ Gender reassignment
- ☐ Marriage and civil partnership
- ☐ Pregnancy and maternity

- ☐ Race
- ☐ Religion or belief
- ☐ Sex
- ☐ Sexual orientation
- ☐ Other

Please state, in maximum two sentences, how does your project seek to tackle your targeted inequality?

Part three – Project plan

In max 250 words, please answer the following summary questions.

- What does your organisation generally do?

- What is your track record in supporting disabled people, people with long term conditions and/or unpaid carers?

- What do you want to do with this funding/what are your objectives?

- Where will the project take place?

- What risk(s) (organisational or otherwise) have you identified regarding this project and how are you planning to mitigate these?

In max 800 words, please demonstrate below how your project meets the following core funding criteria. Please note, this section will be assessed during the eligibility screening process and, if the project meets the below core and either additional criteria, your application will progress to a full assessment. If your project does not meet the core and neither additional criteria, your application will not progress to a full assessment. You will be notified of the progress of your application.

- The idea is new to the organisation or is a development to an existing project. (How does your project encourage a new approach or new learning to self management?)

- The idea has come from the people it is designed to benefit: how did you identify the need for this work/how did individuals tell you that they would like to have the proposed service(s)/support?

- How will disabled people, individuals living with long term conditions and/or unpaid carers take a leadership role in the design, delivery and evaluation of the project?

- How will the capacity of disabled people, people living with long term conditions, and/or unpaid carers, to effectively self manage be enhanced?

- How does your project meet the five self management principles?
  (Please see Gaun Yersel: the Self Management Strategy for Scotland)

In max 150 words, please demonstrate below how your project meets either of the following additional funding criteria

- Provide support for disabled people and people living with long term conditions and/or unpaid carers who experience disrupted care

- Address the wider determinants of health so that individuals are supported to live their lives better on their own terms, progress to employment, create and develop sustainable communities, and take a leadership role in preventing ill-health. (Please see the Marmot principles)

Technicalities (max 500 words)

- What will project activity look like on a day-to-day / week-to-week / month-to-month basis?

- Any key activities needing to be completed to get started with the project, for example, recruitment, training volunteers or identifying partners?

- Who will be involved (people who access your support/service, staff, volunteers, partner organisations)?

- What is your timeline and the milestones to be met within it?

Outcomes and evaluation (max 500 words)

- What measurable outcomes (what difference you intend to make) have you set for this project?

- How will you monitor, evaluate and report on these planned outcomes?

- How will the work be sustained in the future?

- What impact will the project have on the broader health and social care sector nationally and locally (as appropriate) (for example for the health and social care sector, for other sectors, for future practice)

Part four – Budget

Please note, grant payments are made in six months instalments, upon satisfactory receival of a progress and spending report and schedule two documents. If you are applying for multi-year funding, please consider your budget accordingly.

Proposed expenditure	Oct 2023 Mar 2024	Apr 2024 Sep 2024	Oct 2024 Mar 2025	Apr2025 Sep 2025	Oct 2025 Mar 2026	Apr 2026 Sep 2026	Subtotals
						Total	

(Please attach budget as a separate document if more space is needed.)

Part five – Supporting statements

Supply two supporting statements from individuals who are not involved in your organisation but who know about the proposed project and can supply support for your application. If you have listed partnership organisations above, one of the supporting statements should come from a representative of the partnership organisation.

Supporting statements should include the following information:

- Individual's relationship / involvement with the project

- Short statement of support for the project

- Contact details (telephone or mobile number and email address)

Part six – Signatures

I confirm that the information included in this application is true and accurate to the best of my knowledge.

Name	
Signed	
Date	
Position in organisation	

Part seven – Enclosures

Established organisations (running for two or more years)

☐ Completed application form

☐ Supporting statement one

☐ Supporting statement two

☐ Copy of governing document

☐ Last two sets of annual accounts

☐ Accurate details for main contact

New organisations (running for less than two years)

☐ Completed application form

☐ Supporting statement one

☐ Supporting statement two

☐ Copy of governing document

☐ Most recent bank statements (three months if possible)

☐ Budget plans or management accounts

☐ Accurate details for main contact

Privacy statement

The personal data on this form is being collected by the ALLIANCE for the following purpose: to effectively process your application to the Self Management Fund and to carry out due diligence checks.

The ALLIANCE and its sub-contractors will not distribute or disclose your personal information to third parties unless we have your written permission or are required by law to do so. We comply with the Data Protection Act 2018 and GDPR (General Data Protection Regulations) 2018 when handling your personal information. If you have any concerns about how we use your personal information, contact DPO (Data Protection Officer) at: DPO@alliance-scotland.org.uk. Alternatively, you have the right to complain to the ICO (Information Commissioner's Office) https://ico.org.uk/concerns/

For our full privacy policy, which provides detailed information regarding your rights and how we will process your information and for how long we will retain it, please read https://www.alliance-scotland.org.uk/privacy-policy/

By signing this form, you are confirming that you have read and understood our privacy policy and are consenting to us processing your personal information for the above purposes in line with this policy, which is our legal basis for processing your personal information.

End of document.