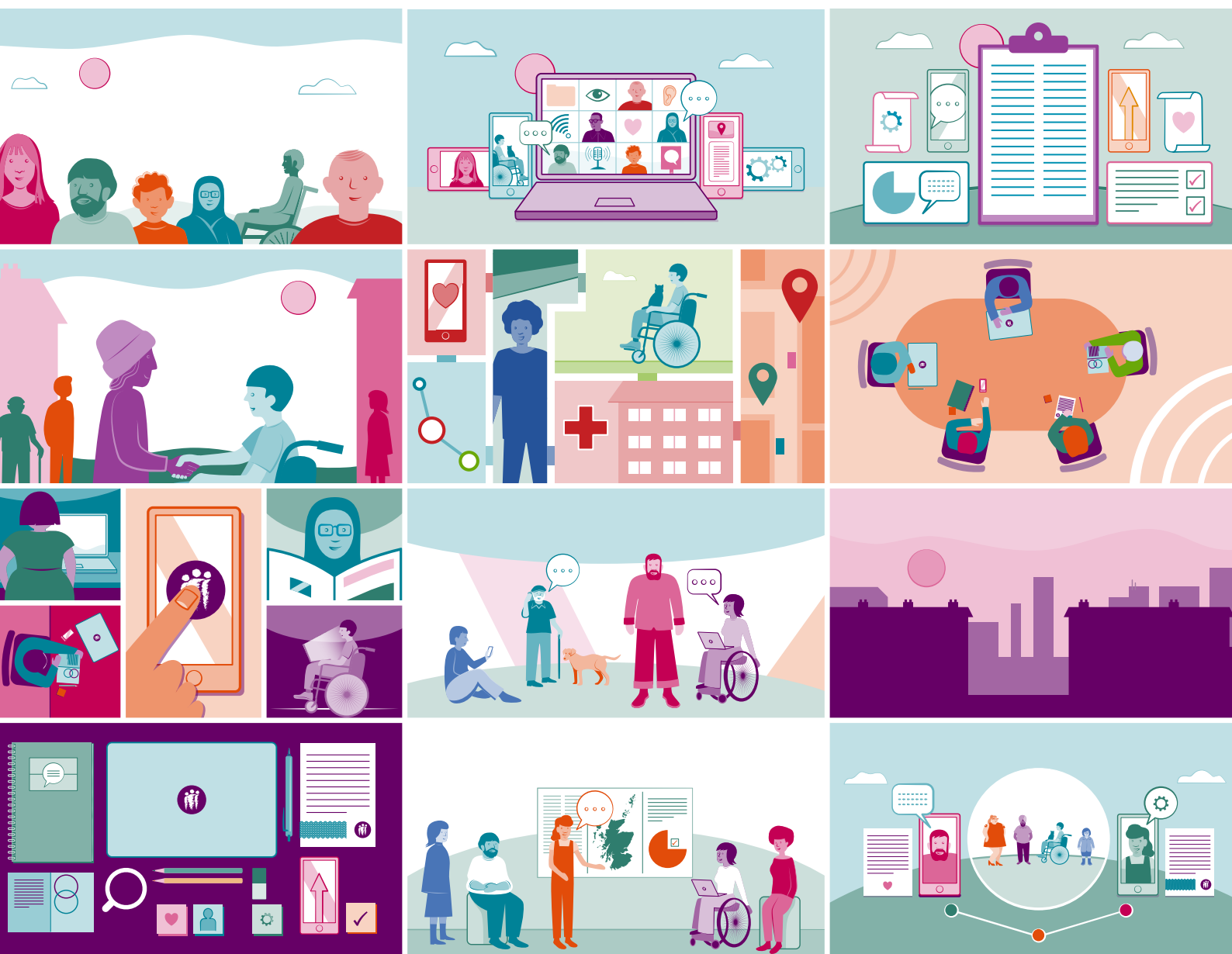
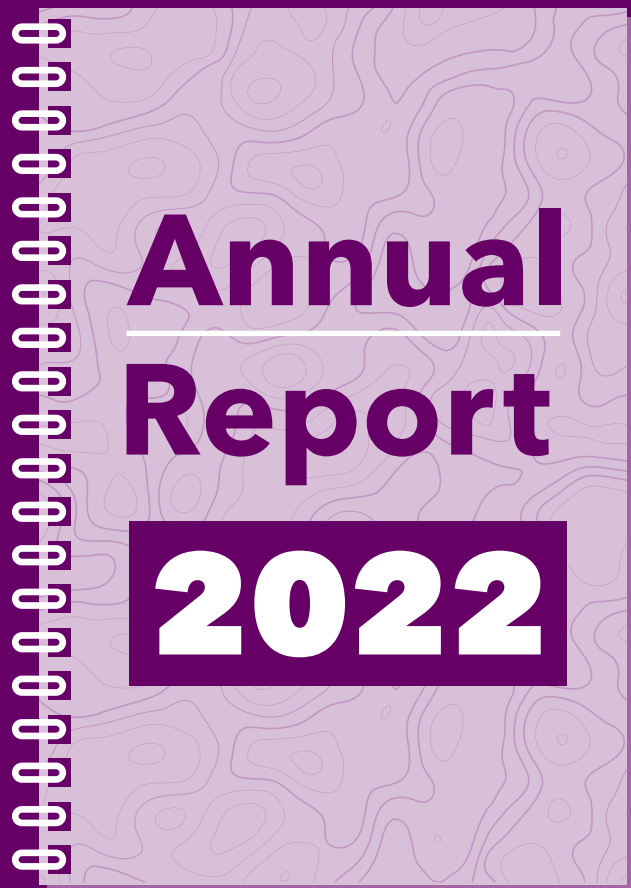


Health and Social Care Alliance Scotland (the ALLIANCE)

Annual Report 2022

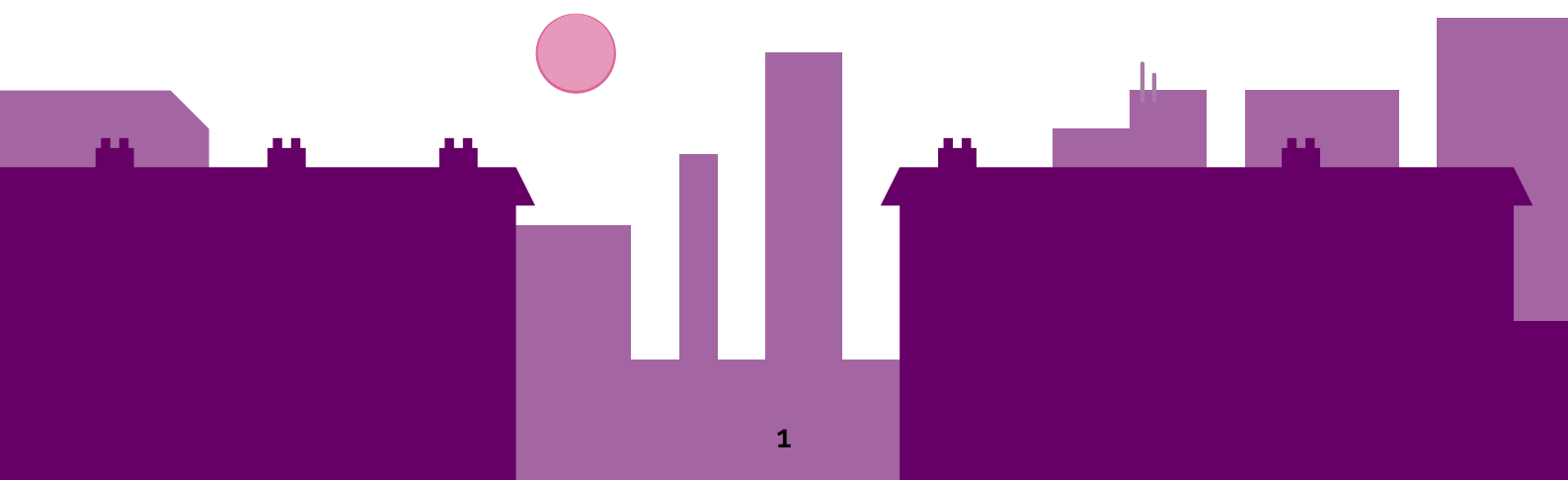




We are delighted to present the ALLIANCE's annual report, which provides a glimpse into our highlights from an impactful year.

The ALLIANCE is increasingly becoming the go-to organisation in Scotland for lived experience engagement. 2022 saw the creation of the **ALLIANCE's Integration, Engagement and Lived Experience Hub** to bring together our vast range of activity in these areas. Our growing portfolio of lived experience networks now includes groups covering **Heart Disease, Diabetes, Respiratory Conditions** and Long Covid, in addition to our **Macmillan Cancer Support funded Lived Experience Programme**.

We also continued engagement with women with lived experience of transvaginal mesh and commenced activity to inform the **National Collaborative on Drugs and Alcohol. Humans of Scotland** shared 33 stories showcasing a diverse range of lived experiences, and **the Scottish Sensory Hub** continued its work to connect people with **sensory loss** to their local communities and wider society.





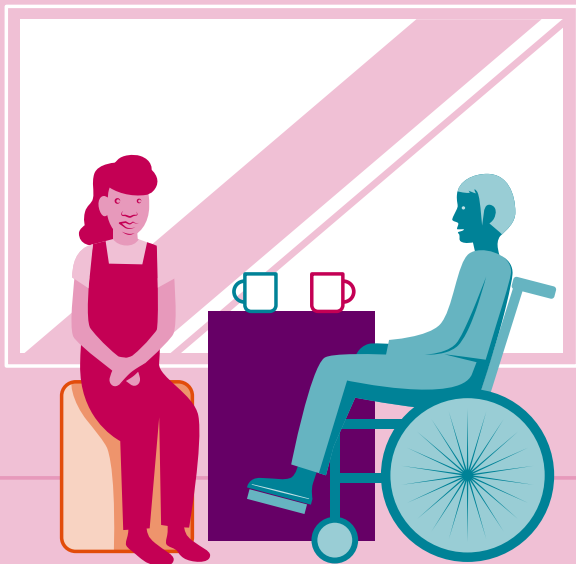
The ALLIANCE's membership continued to grow, with over 3,300 members, and the year saw us expand our membership offer and activities. We continued to engage with organisations and individuals across Scotland.



Our Carer Voices team engaged with over 14,000 people in 2022 and was part of extensive work with Scottish Ambulance Service and Social Security Scotland. This partnership was captured and published in the report 'Effective Change'. Our Children and Young People Programme delivered Getting to Know GIRFEC information sessions to over 240 individuals and practitioners.



This engagement with Scotland's communities is reflected with our programme becoming the largest provider of community links worker services in Scotland. The ALLIANCE's Community Links Worker Programme now offers targeted support in almost 70 GP practices, supporting and working with over 8,500 people in 2022. Our social prescribing work further deepened during the year with the advent of our partnership with Scottish Ballet to develop a dance health social prescribing model, and we continue to develop our online platform, ALISS (A Local Information System for Scotland), increasing the availability and accessibility of information about community services.

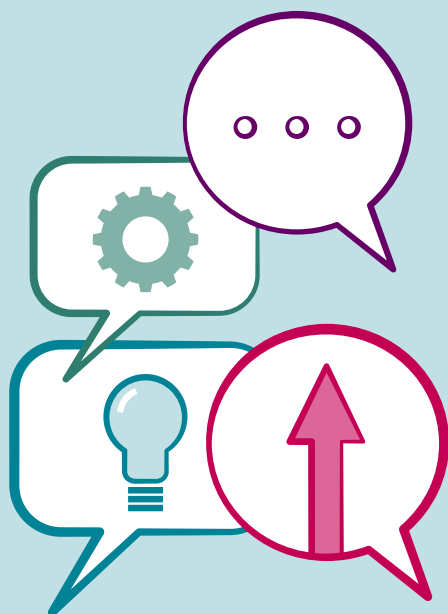


The ALLIANCE advocates for our members, and aims to ensure that disabled people, people living with long term conditions and unpaid carers are at the heart of policies that affect them. In 2022 our **Policy team's** work had an impact on government policy and strategies covering a wide range of areas including human rights, COVID-19, social security and the cost of living crisis. The ALLIANCE continues to influence the development of a **National Care Service** based on our extensive research into people's experiences of Self-directed Support and Social Care.

The **Health and Social Care Academy's** work included an event series and report exploring **Scotland's 20 minute neighbourhoods**. ALLIANCE Live expanded its offering, introducing the new **Equally Valued podcast** in partnership with healthandcare.scot in addition to resuming production of in-person digital content.



The **Engagement in Europe programme** continued to promote a strong voice in a post Brexit world, including ALLIANCE representation on the UK Domestic Advisory Group, and in 2022 the ALLIANCE launched a dedicated programme of work to support the delivery of the **Women's Health Plan**.



We also continue to provide funding and support to projects and organisations across Scotland. During the year, the ALLIANCE's **Self Management Fund** announced 24 organisations to receive funding, as well as expanding **Self Management Month**, the **Self Management Awards** and **Self Management Network**. The end of 2022 saw the launch of **Discover Digital Inclusion and Participation Grants** as our **Digital Health and Social Care programme** went from strength to strength.

We are immensely proud of our achievements during 2022, none of which would have been possible without the support of our members, partners and funders. As we look forward to moving from strength to strength in 2023 we want to say a heartfelt thank you to everyone who has helped make our work possible, and look forward to working with you on an exciting range of activities over the months ahead.



Ruth Dorman
Chair, the ALLIANCE



Sara Redmond
Chief Officer, Development



Susan Young
Chief Officer, Operations



ALLIANCE *Live*

ALLIANCE Live has been able to capture the work of stakeholders in person and share it to a wider audience. It has led on the development of the organisation's hybrid capacity for events and meetings.

76

videos



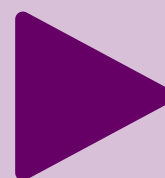
5

webinars



6,227

total YouTube views



5

ALLIANCE Live
podcasts



4

EQUALLY
VALUED
podcasts



448

total podcasts listens



Speakers and guests included:

21

third sector
colleagues

9

individuals with
lived experience

4

health
professionals

2

MSPs

Digital

ALISS

ALISS (A Local Information System for Scotland) has continued to work in partnership with a range of communities, organisations and professionals across Scotland to increase the availability and accessibility of information about community assets and services that can help people to live well.

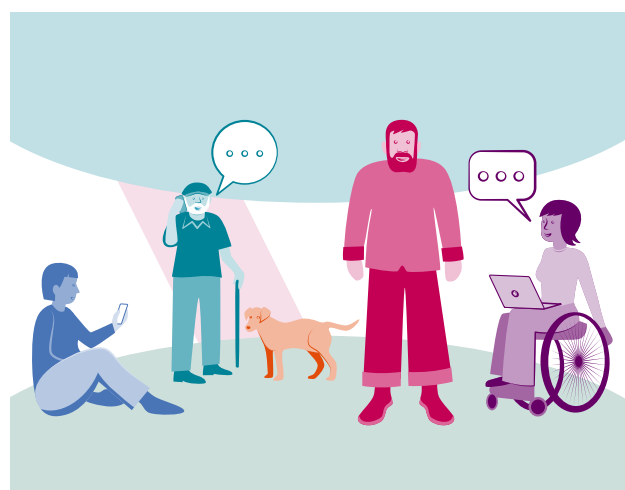
@alissprogramme



Digital Health and Social Care

The Digital Health and Social Care team launched new grants to tackle access barriers to digital health and social care services, expanded the Digital Citizen Panel and explored place-based initiatives to help people to use digital tools for health and wellbeing.

@DHCScot



Health and Social Care Integration

Carer Voices

Carer Voices connected with 14,167 people at 281 events, provided peer support for unpaid carers, and shared our publication 'Effecting Change', evidencing culture change on person centred care through our partnerships across Scotland.

@ALLIANCECarerVo



Community Links Worker Programme

The **Community Links Worker Programme** is now an established social prescribing force across two local authority areas, offering targeted support to participants and assisting GPs across nearly 70 practices.

@LWPMakeslinks



Health and Social Care Academy

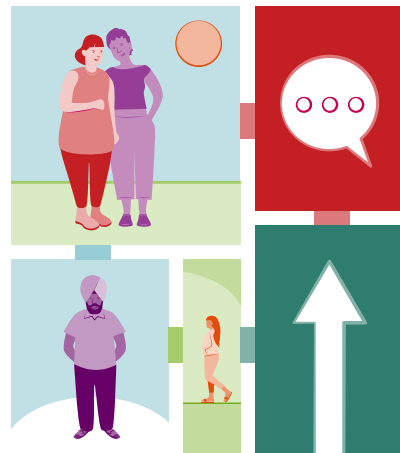
During 2022, the **Health and Social Care Academy** continued to deliver an ambitious and broad ranging programme which explored key issues in the context of transformational change in health and social care.

@HAndSCAcademy



Primary Care Lived Experience

The ALLIANCE Primary Care Lived Experience programme launched in September 2021. It gave the people of Scotland the opportunity to contribute to the development of primary care services and what they would look like in the future. This 12 month programme saw the public sharing their experiences of accessing GP and dental services.



Women's Health Plan

Our new programme supporting the implementation of the Scottish Government's Women's Health Plan brought together women across Scotland to have informative and positive conversations about their health, and ensure their access to supportive resources.



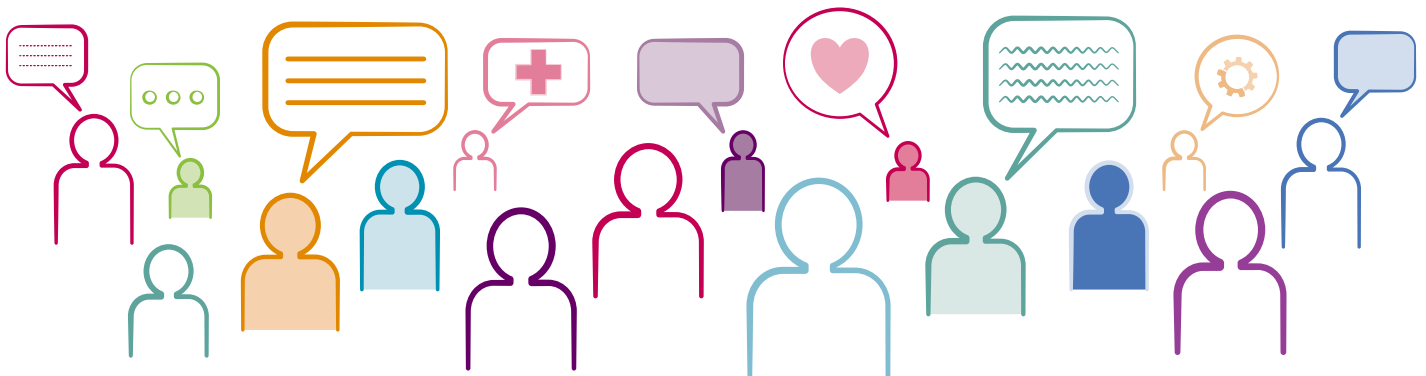
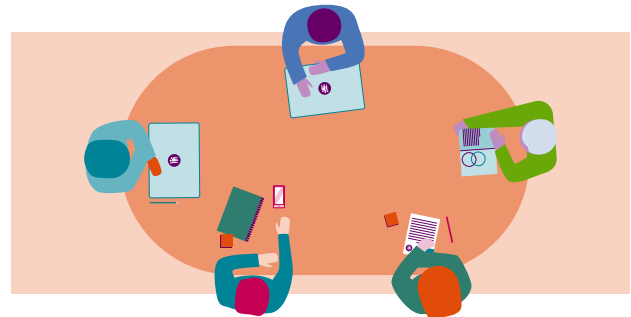
Humans of Scotland

Humans of Scotland has continued to share the stories of disabled people, long term conditions, unpaid carers and the health and social care workforce. The stories of Humans of Scotland give a snapshot of the experiences of those individuals, and show the power of storytelling to raise awareness, challenge misconceptions and spark ideas and conversation.



Lived Experience

The ALLIANCE's Lived Experience networks have continued to grow and develop over 2022, seeing the launch of the long COVID network in spring. Focus groups and feedback have been a central part across all the networks, ensuring giving a voice to lived experience is at the heart of what we do.



Partnerships

Engagement and Partnerships

Through our extensive **Engagement and Partnerships**, we have published our report into the lived experience of adult mental health services in Scotland, contributed to policy development on transvaginal mesh, and supported the implementation of the Women's Health Plan. This year, we started work with the National Collaborative project, seeking to apply a human rights-based approach to problem substance use policy in Scotland. We continue to advise on the development of medicines and pharmacy services in Scotland.



Engagement in Europe

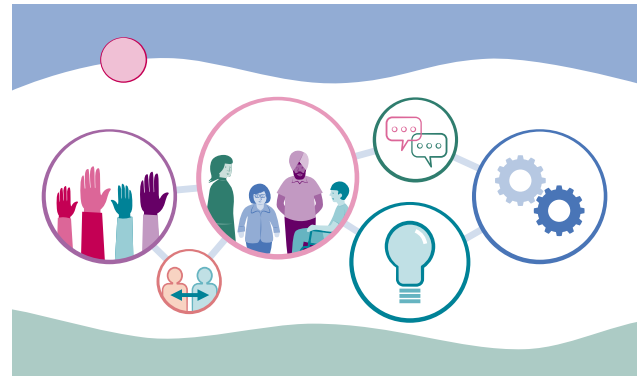
Throughout 2022, we remained committed to championing the voice of Scotland's third sector in Europe, and through our Director of Strategy and Engagement have representation on the UK Domestic Advisory Group (DAG), to advise on the UK's future relationship with the EU. We continue to support **EUPATI Scotland**, promoting the voice of patients, carers and the public at the core of medicines research and development in the EU.



@EUPATIScotland

Integration and Engagement

The ALLIANCE's Integration, Engagement and Lived Experience Hub was established in 2022. The hub brings together our vast range of work on integration and lived experience activity, as well as the support we provide to the ALLIANCE's wider engagement.



Macmillan Lived Experience Programme

Our Macmillan Lived Experience Programme works with people affected by cancer to influence the national Transforming Cancer Care Programme. In 2022 we launched our peer evaluator project to co-design and co-deliver focus groups with people affected by cancer who experience health inequalities.

**MACMILLAN
CANCER SUPPORT**

Scottish Ballet Health: A Dance Health Social Prescribing Model for Scotland

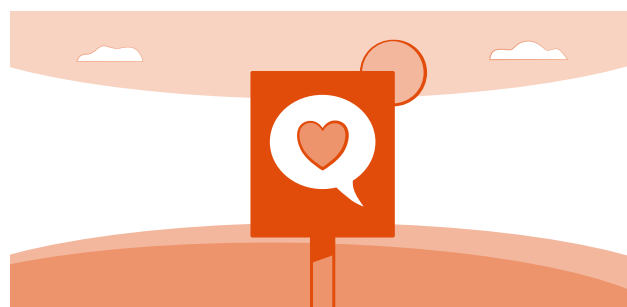
The creative partnership between Scottish Ballet and the ALLIANCE is enhancing the impact, awareness and development of dance health as an integrative social prescribing model for Scotland.



Policy and Research

Policy

The Policy team helped prevent the removal of the Human Rights Act, shape the remit of the COVID-19 inquiry, and raise the voices of lived experience with government on the cost of living crisis, long COVID and social security.



GIRFEC

Throughout 2022, the Children and Young People Programme has continued to work with disabled children and young people, children and young people with long term conditions, and their families and carers have increased understanding of their rights and improved wellbeing; they have increased opportunities to coproduce support through engaging with the GIRFEC approach and have increased opportunities to engage with, inform and coproduce the policies which affect them.



Self-directed Support

This year the Self-directed Support team developed resources based on the findings of My Support My Choice: People's Experiences of Self-directed Support and Social Care in Scotland, contributed to the revised SDS Guidance, and responded to the National Care Service (Scotland) Bill – including providing evidence to three Committees.



Scottish Sensory Hub

The Scottish Sensory Hub has worked on embedding three core themes into their work; communication, information and mobility. These three themes have been pivotal in connecting people with sensory loss to their local communities and wider society.



Self Management

The **Self Management Fund** continued supporting funded organisations to successfully deliver their projects. A new round of funding also started in October, with 24 new projects championing self management across Scotland, supporting individuals experiencing multiple forms of marginalisation and encouraging a hybrid way of working and digital inclusion.



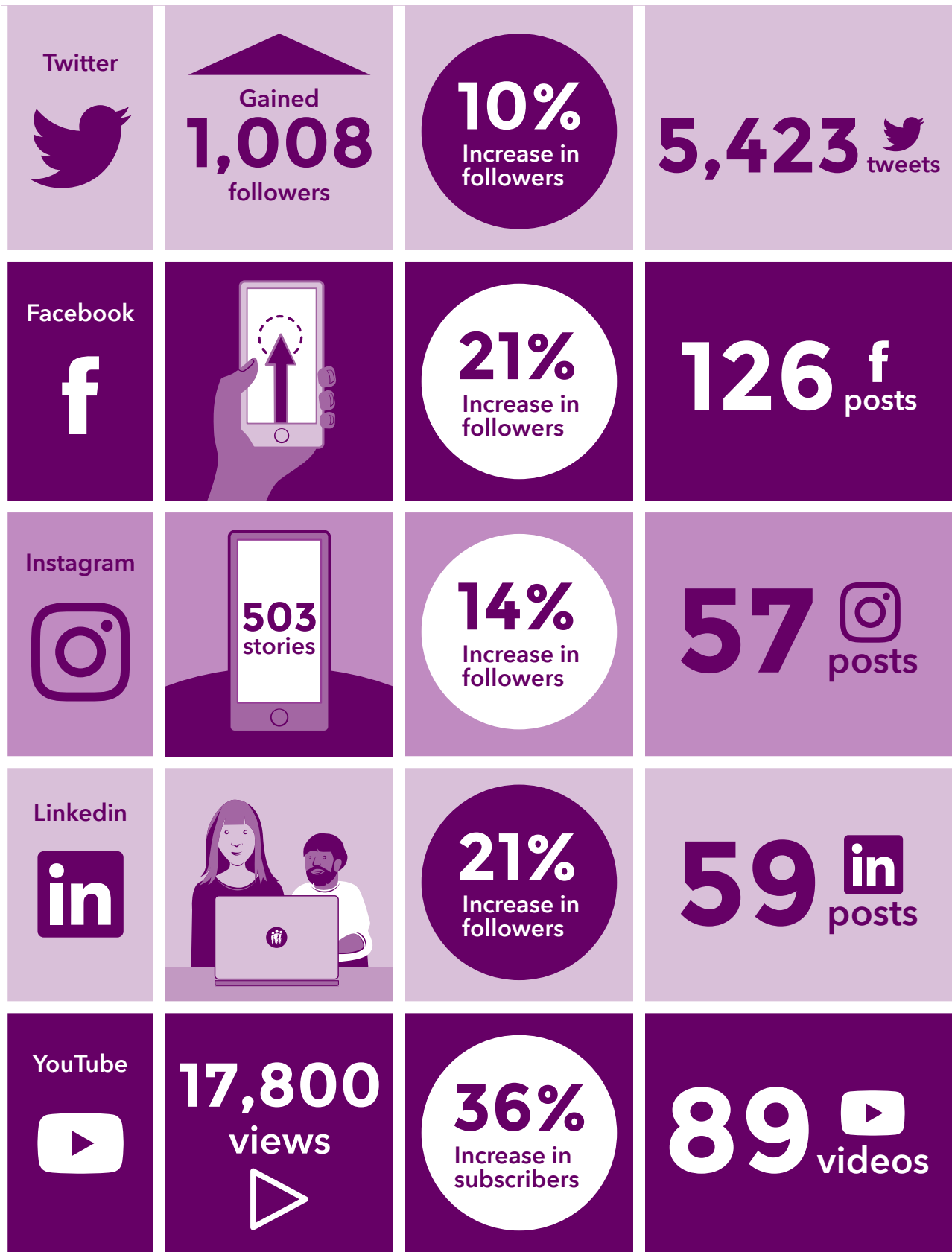
Self Management Month

In a new format this year, the Self Management Month and Awards delivered a well attended and engaging celebration of self management policy and practice throughout September. Led by national and international speakers, attendees from across the globe enjoyed various sessions, from learning about lifestyle medicine interventions to **innovations within self management**.



@SelfMgmtScot

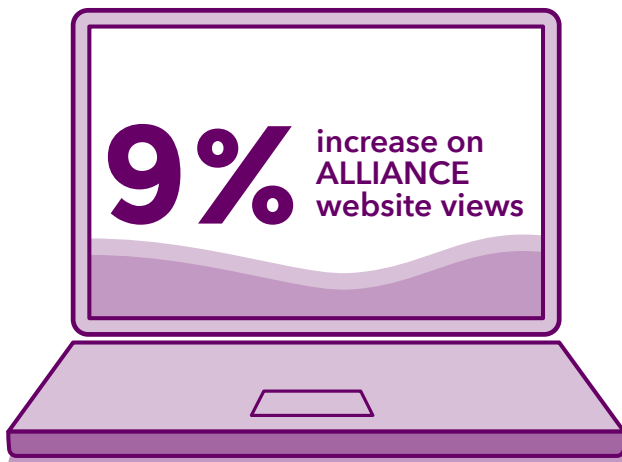
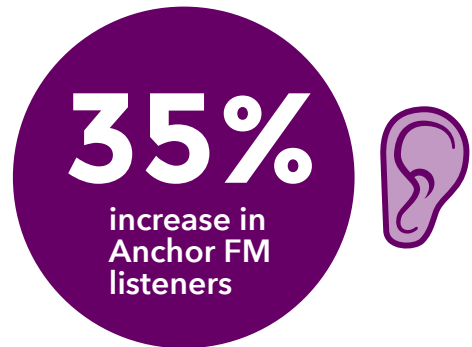
Communication Statistics:



News and Views Statistics:



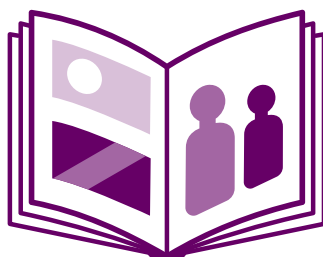
11
Podcasts on
Anchor FM



33
Humans of Scotland stories



64



Mentions in the media

78

Opinion pieces

People at the Centre, ALLIANCE Digital Gathering



▶ Watch YouTube review video

Over
50
speakers

23
sessions

384 participants



289 
tweets
#ALLIANCEGathering22

“

We're all in this together, facing the same issues. Whatever our organisation can do to ensure our members wellbeing, is paramount. Not only for our members and their families but also their community.

“

A feeling of inspiration and renewed energy.

Community: People, Voices, Stories ALLIANCE Annual Conference



► Watch YouTube review video

41
speakers

20
sessions

412 participants



403 
tweets
#ALLIANCEConf22

“

All sessions had something to give. They enabled me to further expand my knowledge of how people perceive how the present Health and Social Care system works either in their locality or nationally.

“

...enthusiasm and hope for the future. There are very passionate and able people around the table.

Statement of Financial Activities

Headline figures for the year ended 30 June 2022

	2022	2021
Incoming Resources	£	£
Grant to support operational costs	4,922,222	6,467,822
Charitable activities	3,062,132	423,258
Investment income	29,053	52,066
Other income	32,359	550
	8,045,766	6,943,696

Resources Expended	£	£
Costs of generating voluntary income	696,734	634,851
Charitable activities costs	3,855,187	5,006,347
Governance costs	200,466	176,999
Support costs	330,200	263,757
	5,082,587	6,081,954

	2022	2021
	£	£
Net incoming/(outgoing) Resources	2,963,179	861,742
Balance brought forward	9,600,260	8,738,518
Balance carried forward	12,563,439	9,600,260

Allocated:-	£	£
Unrestricted funds	9,214,324	6,607,823
Restricted funds	3,349,115	2,992,437



About the ALLIANCE

The Health and Social Care Alliance Scotland (the ALLIANCE) is the national third sector intermediary for a range of health and social care organisations. We have a growing membership of over 3,300 national and local third sector organisations, associates in the statutory and private sectors, disabled people, people living with long term conditions and unpaid carers. Many NHS Boards, Health and Social Care Partnerships, Medical Practices, Third Sector Interfaces, Libraries and Access Panels are also members.

The ALLIANCE is a strategic partner of the Scottish Government and has close working relationships, several of which are underpinned by Memorandum of Understanding; with many national NHS Boards, academic institutions and key organisations spanning health, social care, housing and digital technology.

Our vision is for a Scotland where people of all ages who are disabled or living with long term conditions, and unpaid carers, have a strong voice and enjoy their right to live well, as equal and active citizens, free from discrimination, with support and services that put them at the centre.

The ALLIANCE has three core aims; we seek to:

- Ensure people are at the centre, that their voices, expertise and rights drive policy and sit at the heart of design, delivery and improvement of support and services.
- Support transformational change, towards approaches that work with individual and community assets, helping people to stay well, supporting human rights, self management, co-production and independent living.
- Champion and support the third sector as a vital strategic and delivery partner and foster better cross-sector understanding and partnership.



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre



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