

WORK WITH PAIN

WE WANT YOU!

RESEARCH PROJECT



About one in three UK adults has pain lasting three months or more, called **chronic pain**. We know that many people with pain need support to stay in work. We do not know which type of support is best or the best way to provide support. In our funded **Work with Pain** research, led by and given ethical approval by Glasgow Caledonian University, we aim to fill this knowledge gap.

We conducted a review of research in this area and are now looking to discuss the findings with people with chronic pain living in the UK. We will consider strategies to support people with chronic pain to be in work.

We would particularly like to speak to people with chronic pain who have an experience of work, whether they are currently at work, out of work but looking to get into work, on sick leave or are retired.

Participation in the study would involve taking part in **one online group discussion** at a convenient time. Reimbursement would be provided.

To find out more or to express interest in taking part, please contact the study team using the details below or scan the QR code.



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