

Women's Health

SPRING EVENTS PROGRAMME

THE HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre



The ALLIANCE is currently delivering a programme of work to support the Scottish Government's Women's Health Plan. This involves raising awareness about women's health experiences across the life course and promoting positive discussion that demystifies and destigmatises.

Join us through March and April at one of our events focused on women's health and priorities.

Each event is being delivered in partnership with Scottish Government or other public/third sector partners, and will involve expert clinicians, practitioners or lived experience.



**The Scottish
Government**
Riaghaltas na h-Alba



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre

Each event has its own registration link, as well as details about accessibility.

Each event is free to attend. Unless otherwise indicated these events are open to all with an interest in women's health.



March

Women's Health Plan Lived Experience Stakeholder Group - Development Day

When: 5th March 10am - 3pm

Where: Glasgow (in-person)

This group supports women across Scotland to share their perspectives to influence work on the Women's Health Plan.

This in-person development day will be an opportunity for members to input to final discussions around the next priorities for the Women's Health Plan. This follows ongoing conversations and reflections with the Group on the progress of the Plan and where gaps may still remain.

Meeting details will be shared with members of the Group. To express and interest in joining please email us.

Meetings fall on first Wednesday of every 3rd month.

REGISTER NOW



To join the Stakeholder Group email whp@alliance-scotland.org.uk

Visit our website for details
<https://www.alliance-scotland.org.uk/blog/news/join-our-womens-health-plan-lived-experience-group/>

April

Taking care of your bowel and gut health - WEBINAR

When: 1st April 12-1.15

When: Zoom webinar

This session will discuss women's bowel health, including what we can all be doing to look after our gut and what we can do if we have a concern.

We will explore some lifestyle factors that can support bowel health at any age (including specific foods and diets), as well as some bowel issues that can affect women including faecal incontinence, rectal prolapse and bowel cancer.

April is Bowel Cancer Awareness Month.

REGISTER NOW



Register for this free webinar here:

[https://us02web.zoom.us/webinar/register/WN_Fc6SDgAwTfq67SY3z-aPfQ](https://us02web.zoom.us/j/84411111111)



REGISTER NOW



April

To join the workshop you must book your slot at the ALLIANCE conference. Individuals are free, fees vary for organisations. Info and booking here:
<https://bit.ly/4hPNtud>

Designing supportive systems for women: Tackling health inequalities and advancing inclusion

When: 30th April (afternoon workshop)

Where: Glasgow Radisson Blu Hotel

This workshop is part of the ALLIANCE Annual Conference 2025.

When women are excluded from the dominant narratives that shape our understanding of health issues, they are often overlooked in responses. To build effective systems that serve everyone, a gender sensitive lens is essential.

This workshop will focus on areas like gambling harm and substance use, where the experiences and impacts on women have historically been under-recognised. It will bring together people and organisations involved in designing and delivering services that centre women and are shaped by their specific needs.



Events March - April

Find web listings for all events on our website: <https://www.alliance-scotland.org.uk/blog/news/alliance-womens-health-spring-events-programme/>

5 March 10-3	Women's Health Plan Lived Experience Stakeholder Group - Development Day - Glasgow
18 March 10-11.30	Conversation Café toolkit for women's health – Information and support session - Zoom
1 April 12-1.15	Taking care of your bowel and gut health - WEBINAR Zoom
30 April	Building supportive systems for women - Workshop at ALLIANCE Annual Conference

Email whp@alliance-scotland.org.uk with any event queries

