

Bereavement & Loss

£280 per person

Coping with bereavement is difficult for everyone, but it can be especially challenging for individuals with profound learning and multiple disabilities (PMLD). This course is designed for those supporting bereaved individuals with PMLD, including their families and carers. It is also valuable for those grieving the loss of someone with PMLD, whether they are paid carers or family members.

Using PAMIS's 2014 research as its foundation, this course covers two primary themes: How someone with a profound learning disability experiences grief, and how family carers experience grief when their loved one with PMLD dies.

Split over 2 days (12 hours in total), this course utilises a blended training approach which combines theory, research, practical tools and participant's own experiential knowledge.

Suitable for professionals (e.g. care providers, support workers, teachers) who work with individuals with PMLD

September 22nd & 23rd - PAMIS Head Office, Dundee

**For any enquires or to make a booking please email
training@pamis.org.uk**

Bereavement & Loss

Day one

Focuses on how people with profound learning and multiple disabilities experience bereavement and loss. Throughout the day participant will:

- Gain an understanding of how bereavement and loss affects people with PMLD
- Develop their knowledge of grief theories and how they might be applied to people with PMLD
- Learn more about the different types of loss people with PMLD experiences and how they can impact them
- Have the opportunity to develop knowledge through the use of therapeutic writing tools
- Explore practical tools to help support people with PMLD through bereavement.
- Develop further knowledge on spirituality and how it effects people with PMLD when bereaved

Day two

Focuses on the experiences of parents and carers. The day will focus on how parents may be affected by their child having profound learning disabilities and their bereavement experiences after losing a child with PMLD. The course also explores the role and impact of bereavement on paid carers and professionals following a bereavement. Throughout the day participants will:

- Develop knowledge of chronic sorrow and the impact of caring for someone with PMLD
- Learn more about the impact of bereavement on parents, carers and staff
- Develop further knowledge of grief theories.
- Explore practical tools to help support people through bereavement
- Hear and learn from first hand parent experiences

Throughout the course, participants will have the opportunity to contribute to discussions and set their own learning objectives through facilitated sessions. Given the sensitive nature of the material, our tutors strive to create a safe and supportive environment for open and honest conversations. Please note that high emotional engagement is likely.

For any enquires or to make a booking please email training@pamis.org.uk